



Planning your life out on paper

susanwilliams-goebber.com

Yearly Goals

A grid of six decorative red scalloped frames arranged in three rows and two columns. Each frame is a square with rounded corners and a scalloped border, designed for writing goals.



Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	25,12,17	26,12,17	27,12,17	28,12,17
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December 2017 - January 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	29,12,17	30,12,17	31,01,17	
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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	1,01,18	2,01,18	3,01,18	4,01,18
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January 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	5,01,18	6,01,18	7,01,18	
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Planning your life out on paper

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January 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	12,01,18	13,01,18	14,01,18	
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Planning your life out on paper

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January 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	19,01,18	20,01,18	21,01,18	
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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	22,01,18	23,01,18	24,01,18	25,01,18
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January 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	26,01,18	27,01,18	28,01,18	
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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	29,01,18	30,01,18	31,01,18	1,02,18
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February 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	2,02,18	3,02,18	4,02,18	
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<i>DATE</i>	5,02,18	6,02,18	7,02,18	8,02,18
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February 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	9,02,18	10,02,18	11,02,18	
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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	12,02,18	13,02,18	14,02,18	15,02,18
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February 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	16,02,18	17,02,18	18,02,18	
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<i>DATE</i>	19,02,18	20,02,18	21,02,18	22,02,18
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February 2018

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	26,02,18	27,02,18	28,02,18	1,03,18
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February - March 2018

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	5,03,18	6,03,18	7,03,18	8,03,18
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March 2018

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<i>DATE</i>	9,03,18	10,03,18	11,03,18	
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March 2018

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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	19,03,18	20,03,18	21,03,18	22,03,18
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March 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	23,03,18	24,03,18	25,03,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	26,03,18	27,03,18	28,03,18	29,03,18
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March - April 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	30,03,18	31,03,18	1,04,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	2,04,18	3,04,18	4,04,18	5,04,18
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April 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	6,04,18	7,04,18	8,04,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	9,04,18	10,04,18	11,04,18	12,04,18
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April 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	13,04,18	14,04,18	15,04,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	16,04,18	17,04,18	18,04,18	19,04,18
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April 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	20,04,18	21,04,18	22,04,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	23,04,18	24,04,18	25,04,18	26,04,18
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April 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	27,04,18	28,04,18	29,04,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	30,04,18	1,05,18	2,05,18	3,05,18
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May 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	4,05,18	5,05,18	6,05,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	7,05,18	8,05,18	9,05,18	10,05,18
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May 2017

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	11,05,18	12,05,18	13,05,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	14,05,18	15,05,18	16,05,18	17,05,18
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May 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	18,05,18	19,05,18	20,05,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	21,05,18	22,05,18	23,05,18	24,05,18
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May 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	25,05,18	26,05,18	27,05,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	28,05,18	29,05,18	30,05,18	31,05,18
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May - June 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	1,06,18	2,06,18	3,06,18	
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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	4,06,18	5,06,18	6,06,18	7,06,18
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June 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	8,06,18	9,06,18	10,06,18	
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Planning your life out on paper

susanwilliams-goebber.com

<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	11,06,18	12,06,18	13,06,18	14,06,18
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June 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	15,06,18	16,06,18	17,06,18	
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<i>NOTES</i>				



Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	18,06,18	19,06,18	20,06,18	21,06,18
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June 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	22,06,18	23,06,18	24,06,18	
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Planning your life out on paper

susanwilliams-goebber.com

<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	25,06,18	26,06,18	27,06,18	28,06,18
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June - July 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	29,6,18	30,06,18	1,07,18	
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Planning your life out on paper

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WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
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July 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	6,07,18	7,07,18	8,07,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	9,07,18	10,07,18	11,07,18	12,07,18
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July 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	13,07,18	14,07,18	15,07,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	16,07,18	17,07,18	18,07,18	19,07,18
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July 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	20,07,18	21,07,18	22,07,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	23,07,18	24,07,18	25,07,18	26,07,18
5:00 am				
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July 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	27,07,18	28,07,18	29,07,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	30,07,18	31,07,18	1,08,18	2,08,18
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July - August 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	3,08,18	4,08,18	5,08,18	
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Planning your life out on paper

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WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
DATE	6,08,18	7,08,18	8,08,18	9,08,18
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August 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	10,08,18	11,08,18	12,08,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	13,08,18	14,08,18	15,08,18	16,08,18
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August 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	17,08,18	18,08,18	19,08,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	20,08,18	21,08,18	22,08,18	23,08,18
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August 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	24,08,18	25,08,18	26,08,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	27,08,18	28,08,18	29,08,18	30,08,18
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August - September 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	31,08,18	1,09,18	2,09,18	
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Planning your life out on paper

susanwilliams-goebber.com

<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	3,09,18	4,09,18	5,09,18	6,09,18
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September 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	7,09,18	8,09,18	9,09,18	
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Planning your life out on paper

susanwilliams-goebber.com

<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	10,09,18	11,09,18	12,09,18	13,09,18
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September 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	14,09,18	15,09,18	16,09,18	
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Planning your life out on paper

susanwilliams-goebber.com

<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	17,09,18	18,09,18	19,09,18	20,09,18
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September 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	21,09,18	22,09,18	23,09,18	
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Planning your life out on paper

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WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
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September - October 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	28,09,18	29,09,18	30,09,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	1,10,18	2,10,18	3,10,18	4,10,18
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October 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	5,10,18	6,10,18	7,10,18	
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Planning your life out on paper

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WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
DATE	8,10,18	9,10,18	10,10,18	11,10,18
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October 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	12,10,18	13,10,18	14,10,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	15,10,18	16,10,18	17,10,18	18,10,18
5:00 am				
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October 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	19,10,18	20,10,18	21,10,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	22,10,18	23,10,18	24,10,18	25,10,18
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October 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	26,10,18	27,10,18	28,10,18	
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Planning your life out on paper

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WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
DATE	29,10,18	30,10,18	31,11,18	1,11,18
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October - November 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	2,11,18	3,11,18	4,11,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	5,11,18	6,11,18	7,11,18	8,11,18
5:00 am				
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November 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	9,11,18	10,11,18	11,11,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	12,11,18	13,11,18	14,11,18	15,11,18
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November 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	16,11,18	17,11,18	18,11,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	19,11,18	20,11,18	21,11,18	22,11,18
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November 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	23,11,18	24,11,18	25,11,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	26,11,18	27,11,18	28,11,18	29,11,18
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November - December 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	30,11,18	1,12,18	2,12,18	
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Planning your life out on paper

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WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
DATE	3,12,18	4,12,18	5,12,18	6,12,18
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December 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	7,12,18	8,12,18	9,12,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	10,12,18	11,12,18	12,12,18	13,12,18
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December 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	14,12,18	15,12,18	16,12,18	
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Planning your life out on paper

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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	17,12,18	18,12,18	19,12,18	20,12,18
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December 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	21,12,18	22,12,18	23,12,18	
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Planning your life out on paper

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WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
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December 2018

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	28,12,18	29,12,18	30,12,18	
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<i>WEEK</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>
<i>DATE</i>	31,12,18	1,01,19	2,01,19	3,01,19
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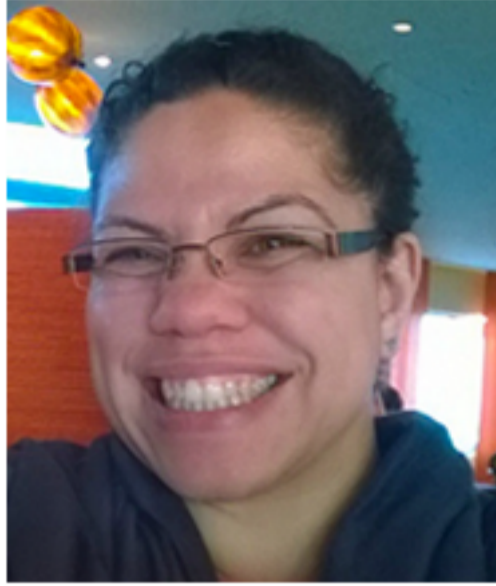
January 2019

<i>WEEK</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>GOALS</i>
<i>DATE</i>	4,01,19	5,01,19	6,01,19	
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Planning your life out on paper

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Planning your life out on paper starts with a desire to change, to improve. With a simple pen we find solutions that are held deep within. We get clear on what is holding us back. Effective planning takes place. Fun + joy are instantly back into our lives. Welcome to **your** new life!

XOXO, *Susan*

Need help with scheduling your week?
Email me and book your Free 1:1 Planning Session
williamssue@hotmail.de